

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Penne pasta with house tomato sauce	Pea-powered vegetable stir fry with carrot rice	Roast Quorn fillet with roast potatoes & gravy	Pea-powered mild chilli with rice	Vegetable sausages, chips & tomato ketchup
Tomato, ham & broccoli pasta	Sweet & sour chicken with carrot rice	Roast gammon with roast potatoes & gravy	Mild beef & lentil chilli con carne with rice	Fish fingers, chips & tomato ketchup
Broccoli	Peas	Carrots & broccoli	Sweetcorn	Baked Beans
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Lemon shortbread biscuit	Chocolate & banana brownie sponge	Orange jelly & mandarins	Watermelon wedge	Raspberry jelly

Veggies

Filled Roll OR Jacket Potato

Sweet Treats

Available Every Day - Crunchy Colourful salad Bar & Homemade Bread



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Penne pasta with house tomato sauce 	Vegetable sausages, chips & tomato ketchup 
Tomato, spinach & salmon pasta 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast turkey breast, roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice 	Fish & chips with tomato ketchup
Sweetcorn 	Carrots 	Peas & broccoli 	Broccoli 	Peas 
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Watermelon wedge 	Carrot cake with orange glaze 	Raspberry Jelly & mandarins 	Oaty apple crumble & custard 	Chocolate Shortbread 

Veggies



Filled OR Jacket Roll OR Potato

Sweet Treats



Available Every Day - Crunchy Colourful Salad Bar & Homemade Bread



KEY Wholegrain  Vegetarian 
 Nutritionist's Choice  Vegan 

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Margherita pizza & oven baked wedges 	Penne pasta with house tomato sauce 	Roast Quorn fillet with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice  	Vegetable sausages, chips & tomato ketchup 
Ham pizza & oven baked wedges	Beef & lentil bolognaise with penne pasta  	Roast chicken breast, roast potatoes & gravy	Sticky Chinese chicken with rice 	Fish fingers, chips & tomato ketchup
Carrots & sweetcorn 	Peas 	Carrots & peas 	Broccoli 	Baked Beans 
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Watermelon Wedge 	Oaty apple crumble & custard 	Orange jelly & mandarins 	Chocolate & banana brownie sponge 	Lemon shortbread biscuit 

Veggies

Filled Roll OR Jacket Potato

Sweet Treats

Available Every Day - Crunchy Colourful salad Bar & Homemade Bread



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 