



Physical Education Overview Cycle A 2023 – 2024



“Physical Education is the Heart of the School”

Children at Fen Ditton are physically literate, competent and enthusiastic students who understand, appreciate and pursue a physically active lifestyle within and outside of the school setting. They follow a progressive curriculum, which facilitates learning in the physical, social, cognitive and affective domains. In lessons, students are encouraged to be independent thinkers and leaders: learning life skills that will not only enrich their daily lives but also help them to become role models in society. Also, they are offered the opportunity to enrich their physical literacy journeys through a series of activities and lessons that promote free movement, skill development, creativity and cognitive awareness. In addition, competition is weaved into our Physical Education curriculum and all children are given opportunities to experience this. Models such as Sport Education and Cooperative Learning have also been adopted in Key Stage 2 to develop communication skills, independent learning and development of our 4 school values. Our PE curriculum aims to progress the ‘whole’ child and offers a rich extra-curricular provision for further personal development.

Classes	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Reception and Year 1	<i>Introduction to PE Unit One and Balls Skills Unit One</i> <i>GetSet4PE</i>	<i>Introduction to PE Unit Two and Ball Skills Unit Two</i> <i>GetSet4PE</i>	<i>Dance Unit One and Gymnastics Unit One</i> <i>GetSet4PE</i>	<i>Gymnastics Unit Two and Dance Unit Two</i> <i>GetSet4PE</i>	<i>Fundermentals Unit One and Unit Two</i> <i>GetSet4PE</i>	<i>Games Unit One and Unit Two</i> <i>GetSet4PE</i>
Year 1 and Year 2	<i>Fundermentals and Ball Skills</i> <i>GetSet4PE</i>	<i>Dance and Team Building</i> <i>GetSet4PE</i>	<i>Yoga and Gymnastics</i> <i>GetSet4PE</i>	<i>Target Games and Invasion Games</i> <i>GetSet4PE</i>	<i>Sending & Receiving</i> <i>GetSet4PE</i>	<i>Athletics</i> <i>GetSet4PE</i>
Year 2 and Year 3	<i>Fundermentals</i> <i>GetSet4PE</i>	<i>Dance and Yoga</i> <i>GetSet4PE</i>	<i>Gymnastics</i> <i>GetSet4PE</i>	<i>OAA and Inclusive Sports</i> <i>GetSet4PE</i>	<i>Tennis</i> <i>GetSet4PE</i>	<i>Athletics</i> <i>GetSet4PE</i>
Year 3 and Year 4	<i>Basketball and Ball Skills</i> <i>GetSet4PE</i>	<i>Dance and Yoga</i> <i>GetSet4PE</i>	<i>Gymnastics</i> <i>GetSet4PE</i>	<i>OAA and Inclusive Sports</i> <i>GetSet4PE</i>	<i>Cricket</i> <i>GetSet4PE</i>	<i>Athletics</i> <i>GetSet4PE</i>
Year 4 and Year 5	<i>American Flag Football</i> <i>Sport Education</i>	<i>Yoga and OAA</i> <i>GetSet4PE</i>	<i>Gymnastics</i> <i>Cooperative Learning</i>	<i>Health Based PE and Dance</i> <i>GetSet4PE</i>	<i>Cricket</i> <i>Sport Education</i>	<i>Athletics</i> <i>Cooperative Learning</i>
Year 5 and Year 6	<i>Football</i>	<i>OAA and Fitness</i>	<i>Gymnastics</i> <i>GetSet4PE</i>	<i>Hockey</i> <i>Cooperative Learning</i>	<i>Cricket</i>	<i>Athletics and Rounders</i>

	<i>Sport Education</i>	<i>HBPE Model</i>			<i>GetSet4PE</i>	<i>GetSet4PE</i>
--	------------------------	-------------------	--	--	------------------	------------------