

<b>Week 1</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	<b>Salmon Sub Melt with Wedges</b>	<b>Beef Lasagne</b>	<b>Roast Gammon with Roast Potatoes &amp; Gravy</b>	<b>Chicken Tika Masala with Wholegrain &amp; White Rice</b>	<b>Fish Fingers &amp; Chips</b>
Vegetarian Main Meal	<b>Vegan Cheese &amp; Tomato Pizza with Wedges</b>	<b>Vegan Plant Based Meatball Pasta Bake</b>	<b>Vegan Sausage Puff with Roast Potatoes &amp; Gravy</b>	<b>Goan Potato &amp; Spinach Curry with Wholegrain &amp; White Rice</b>	<b>Vegetable Nuggets &amp; Chips</b>
Vegetables	<b>Carrots &amp; Peas</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Tomato, Cucumber &amp; Carrot Salad</b>	<b>Baked Beans</b>
Jacket Potatoes	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>
Pudding	<b>Strawberry Jelly &amp; Mandarins</b>	<b>Apple Sponge</b>	<b>Strawberry Jelly &amp; Mandarins</b>	<b>Pear &amp; Cocoa Sponge with Custard</b>	<b>Chocolate Cooke</b>

**W/C - 06/11/23, 27/11/23, 18/12/23, 08/01/24, 29/01/24, 19/02/24, 11/03/24, 01/04/24, 22/04/24, 13/05/24, 03/06/24, 24/06/24, 15/07/24**

**Milk Free Menu**

<b>Week 2</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	<b>Pork Sausage &amp; Mash with Gravy</b>	<b>Texan Style Minced Beef with Wholegrain &amp; White Rice</b>	<b>Roast Turkey with Roast Potatoes &amp; Gravy</b>	<b>Tomato &amp; Chicken Pasta</b>	<b>Fish &amp; Chips</b>
Vegetarian Main Meal	<b>Baked Gnocchi, Tomato &amp; Basil Sauce</b>	<b>Plant Based Chilli with Carrot Rice</b>			<b>Vegan Cheese &amp; Tomato Pizza &amp; Wedges</b>
Vegetables	<b>Carrots</b>	<b>Sweetcorn</b>	<b>Seasonal Vegetables</b>	<b>Garden Peas</b>	<b>Baked Beans</b>
Jacket Potatoes	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>
Pudding	<b>Vegan Lemon Shortbread</b>	<b>Pear &amp; Apple Crumble</b>	<b>Vegan Lemon Shortbread</b>	<b>Chocolate Shortbread</b>	<b>Oaty Fruit Crunch</b>

**W/C – 23/10/23, 13/11/23, 04/12/23, 15/01/24, 05/02/24, 26/02/24, 18/03/24, 08/04/24, 29/04/24, 20/05/24, 10/06/24, 01/07/24, 22/07/24**

**Milk Free Menu**

<b>Week 3</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	<b>Mixed Vegetable &amp; Bean Hot Wrap with Wedges</b>	<b>Beef Bolognese</b>	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b>	<b>Makhani Chicken Curry with Pilau Rice</b>	<b>Fish Fingers &amp; Chips</b>
Vegetarian Main Meal	<b>Vegan Cheese &amp; Tomato Pizza &amp; Wedges</b>	<b>Roasted Vegetable Bolognese</b>	<b>Vegan Wellington with Roast Potatoes &amp; Gravy</b>	<b>Sri Lankan Split Pea &amp; Cauliflower Curry with Pilau Rice</b>	<b>Onion Bhaji Burger &amp; Chips</b>
Vegetables	<b>Sweetcorn</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Tomato, Cucumber &amp; Carrot Salad</b>	<b>Baked Beans</b>
Jacket Potatoes	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>	<b>Vegan Cheese Baked Beans Tuna Mayo</b>
Pudding	<b>Chocolate Shortbread</b>	<b>Apple Sponge</b>	<b>Strawberry Jelly with Fruit Salad</b>	<b>Pear &amp; Apple Crumble with Custard</b>	<b>Chocolate Brownie</b>

**W/C – 30/10/23, 20/11/23, 11/12/23, 01/01/24, 22/01/24, 12/02/24, 04/03/24, 25/03/24, 15/04/24, 06/05/24, 27/05/24, 17/06/24, 08/07/24**

**Milk Free Menu**