



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
main meal	<b>Cheesy Salmon Sub Melt with Baked Wedges</b>	<b>Creamy Beef Lasagne</b>	<b>Roast Gammon &amp; Roast Potatoes with Gravy</b>	<b>Chicken Tikka Masala with Wholegrain &amp; White Rice</b>	<b>Fish Fingers &amp; Chips</b>
vegetarian main meal	<b>Italian Cheese &amp; Tomato Pizza with Baked Wedges</b>	<b>Plant Based Meatball Pasta Bake</b>	<b>Vegan Sausage Puff &amp; Roast Potatoes with Gravy</b>	<b>Goan Potato &amp; Spinach Curry with Wholegrain &amp; White Rice</b>	<b>Vegan Vegetable Nuggets &amp; Chips</b>
vegetables	<b>Carrots &amp; Peas</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Tomato, Cucumber &amp; Carrot Salad</b>	<b>Baked Beans</b>
jacket potatoes	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
pudding	<b>Vanilla Yoghurt</b>	<b>Apple Strudel &amp; Custard</b>	<b>Strawberry Jelly &amp; Mandarins</b>	<b>Pear &amp; Cocoa Sponge with Vanilla Sauce</b>	<b>Chocolate Cookie</b>
pick & mix sandwiches & dessert	<b>Ham Roll Cheese Roll Vanilla Yoghurt</b>	<b>Chicken Roll Egg Mayonnaise Roll Apple Strudel &amp; Custard</b>	<b>Ham Roll Cheese Roll Strawberry Jelly &amp; Mandarins</b>	<b>Tuna Mayonnaise Roll Cheese Roll Pear &amp; Cocoa Sponge with Vanilla Sauce</b>	<b>Ham Roll Egg Mayonnaise Roll Chocolate Cookie</b>

**W/C - 06/11/23, 27/11/23, 18/12/23, 08/01/24, 29/01/24, 19/02/24, 11/03/24, 01/04/24,  
22/04/24, 13/05/24, 03/06/24, 24/06/24, 15/07/24**



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
main meal	<b>Traditional Pork Sausage &amp; Mash</b>	<b>Texan Style Mince Beef with Wholegrain &amp; White Carrot Rice</b>	<b>Roast Turkey &amp; Roast Potatoes with Gravy</b>	<b>Pasta Carbonara with Bacon &amp; Homemade Garlic Bread</b>	<b>Battered Fish &amp; Chips</b>
vegetarian main meal	<b>Baked Gnocchi in Tomato &amp; Basil Sauce</b>	<b>Plant Based Chilli with Wholegrain &amp; White Carrot Rice</b>	<b>Red Pepper &amp; Spinach Spanish Omelette</b>	<b>Crispy Topped Mac 'n' Cheese &amp; Homemade Garlic Bread</b>	<b>Margherita Wrap &amp; Chips</b>
vegetables	<b>Carrots</b>	<b>Sweetcorn</b>	<b>Seasonal Vegetables</b>	<b>Garden Peas</b>	<b>Baked Beans</b>
jacket potatoes	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
pudding	<b>Vegan Lemon Shortbread</b>	<b>Pear Crumble &amp; Custard</b>	<b>Vanilla Yoghurt</b>	<b>Eves Pudding &amp; Vanilla Sauce</b>	<b>Oaty Fruit Crunch</b>
pick & mix sandwiches & dessert	<b>Ham Roll Cheese Roll Vegan Lemon Shortbread</b>	<b>Chicken Roll Egg Mayonnaise Roll Pear Crumble &amp; Custard</b>	<b>Ham Roll Cheese Roll Vanilla Yoghurt</b>	<b>Tuna Mayonnaise Roll Cheese Roll Eves Pudding &amp; Vanilla Sauce</b>	<b>Ham Roll Egg Mayonnaise Roll Oaty Fruit Crunch</b>

**W/C – 23/10/23, 13/11/23, 04/12/23, 15/01/24, 05/02/24, 26/02/24, 18/03/24, 08/04/24,  
29/04/24, 20/05/24, 10/06/24, 01/07/24, 22/07/24**



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
main meal	<b>Mixed Vegetable &amp; Bean Hot Wrap with Baked Wedges</b>	<b>Beef Bolognese with Wholegrain &amp; White Pasta</b>	<b>Roast Chicken &amp; Roast Potatoes with Gravy</b>	<b>Mild &amp; Creamy Makhani Chicken Curry with Pilau Rice</b>	<b>Fish Fingers &amp; Chips</b>
vegetarian main meal	<b>Italian Cheese &amp; Tomato Pizza with Baked Wedges</b>	<b>Vegan Roasted Vegetable Bolognese with Wholegrain &amp; White Pasta</b>	<b>Vegan Wellington &amp; Roast Potatoes with Gravy</b>	<b>Sri Lankan Split Pea &amp; Cauliflower Curry with Pilau Rice</b>	<b>Onion Bhaji Burger &amp; Chips</b>
vegetables	<b>Sweetcorn</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Tomato, Cucumber &amp; Carrot Salad</b>	<b>Baked Beans</b>
jacket potatoes	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
pudding	<b>Vanilla Yoghurt</b>	<b>Pineapple Upside Down Cake &amp; Vanilla Sauce</b>	<b>Strawberry Jelly with Fruit Cocktail</b>	<b>Homemade Apple Crumble &amp; Custard</b>	<b>Chocolate Cracknell</b>
pick & mix sandwiches & dessert	<b>Egg Mayonnaise Roll Cheese Roll Vanilla Yoghurt</b>	<b>Chicken Roll Egg Mayonnaise Roll Pineapple Upside Down Cake &amp; Vanilla Sauce</b>	<b>Ham Roll Cheese Roll Strawberry Jelly with Fruit Cocktail</b>	<b>Tuna Mayonnaise Roll Cheese Roll Homemade Apple Crumble &amp; Custard</b>	<b>Ham Roll Egg Mayonnaise Roll Chocolate Cracknell</b>

**W/C – 30/10/23, 20/11/23, 11/12/23, 01/01/24, 22/01/24, 12/02/24, 04/03/24, 25/03/24, 15/04/24, 06/05/24, 27/05/24, 17/06/24, 08/07/24**